

## **DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS**

**Introduction:** The sports committees consist of sports coordinator and student coordinator, who ensure that every student participating in any activity will get a chance to present their skills and abilities and perform to their best.

**Aim:** Students will be able to take part in various competitions and develop leadership quality and improve their physical well-being.

### **OBJECTIVES:**

- To develop physical fitness of students.
- To enhance the interest at participants in the field of sports.
- Opportunity to be innovative and creative in sports.
- To promote an understanding of physical and mental well-being.
- To develop an appreciation of the concepts of honest competition.
- To develop leadership skills and qualities.
- To develop the capacity to maintain the interest in sports.

### **RESPONSIBILITY:**

- The committee shall promote sports activities by motivating students and members of faculty.
- Promoting team spirit by making healthy competition.
- To organize regular sports events in order to train students for state and national level competitions.
- To arrange for better sports coaching facilities.
- Proper maintenance of sports accessories.
- To provide necessary infrastructure for the sports.

## SPORTS FACILITY

A dedicated sports facility is established with provision for games and sports. Good facility is provided for games like Volley Ball, Kabaddi, Badminton, Basket Ball, Football, Throwball, Cricket, Table Tennis, Chess, Caroms, Weight Lifting, Power Lifting, Multi Gym etc. and athletics with a 200 mts track. In addition to the allotted hours in the time table, interested students can make use of the sports facility beyond the College hours till 6:30 pm. Physical Education Director and sports committee members are Available for guidance. Transport facility is provided for the students who stay beyond the working hours.

- Notice to enroll the names in various, sports and games event is circulated the classrooms by the physical director of the institute."
- Conduct intra collegiate sports and games to identify the talents.
- The selected candidates from the event and past performance are given coaching based on the interested events.
- Selection trials is done for the university level sports and games meet.

## OUTDOOR SPORTS FACILITIES

Sl.No	Outdoor Facility	No of Court	Arey
1	Cricket ground	01	60 Yard
2	Football ground	01	100 X 70 mts
3	Volleyball	01	18 X 9 mts
4	Throwball	01	20 X 13 mts
5	Badminton	01	10 X 8 mts
6	Kabaddi	01	13 X 10 mts
7	Basketball	01	28 X 15 mts
8	Kho - Kho	01	28 X 16 mts

## INDOOR SPORTS FACILITIES

Sl. No	Indoor Facility	No of Court	Arey
1	Table Tennis	02	20 X 15 mts
2	Badminton	01	45 X 40 Sq ft

3	Carrom	05	20 X 20 Sq ft
4	Chess	10	20 X 20 Sq ft
5	Multi Gym	01	30 X 30 Sq ft
6	Weight Lifting / Power Lifting	01	10 X 15 Sq ft

## RULES AND REGULATION

- students need to enter their, Name, USN, Date, Time and Signature in the log books before collecting the sports Materials
- Keep the equipment in the proper places after use
- Maintain strict discipline and sportsman spirit in the ground during practice Session
- Do not damage the equipment's
- Take prior permission before participation and conduction of any inter and intra Collegiate events